



Tri-County Office on Aging Volunteer Application

(Please print)

Date _____

First Name _____ Last Name _____ Middle Initial _____

Address _____ City _____ State _____ Zip _____

Email _____ Day Time Telephone _____ Cell Phone _____

How did you hear about Tri-County Office on Aging volunteer opportunities? Please only check one.

- From a current or former TCOA/Meals on Wheels volunteer
- From a current or former TCOA client
- From a current or former TCOA staff member
- TCOA Website
- Facebook
- External Website (United Way, VolunteerMatch, LinkedIn, etc.)
- Saw a flyer
- Read in a newspaper article or heard on radio/TV
- I am part of a student or business group doing a one-time special event*
- Other:

How would you like to receive reminders about your upcoming volunteer shifts?

Check all that apply: Text Email Phone Call No Reminder

Volunteer Experience (Agency/Organization Name and Volunteer Role)

Employment Background (Present and Past Employers and Positions Held)

Personal References (Name, Email, Telephone Number for Two or More Individuals Other Than a Relative)

Volunteer Positions:

- Nutrition/Meals on Wheels: Drive your own car or go with a partner and deliver hot lunches to clients who are unable to prepare their own meals. Mileage reimbursement is available.
 - Nutrition/Dining Sites: Help dish up food at dining sites across the tri-county area. Also needed are individuals to help with educational and entertainment programs for the sites.
 - Nutrition/Central Kitchen: Help prepare food or package individual meals.
 - Senior Proxy Project: Proxy Project volunteers deliver boxes of food and fresh produce to seniors' homes, assist in the office, or help with outreach.
 - Medicare/Medicaid Assistance Program (MMAAP): Meet with clients and take hotline callers who have questions and concerns about Medicare, medical bills, long-term care insurance, Medigap and Medicaid.
 - General Administrative Volunteer: Participate in general office duties such as data entry, stuffing envelopes, and/or placing phone calls to gather and update resource information.
 - Snow Shoveling and Lawn Care: Shovel snow, rake leaves, mow lawns and/or do other yard work for older adults who are unable to do this work on their own.
 - Events-Golf Outing and Dinner & Auction: Participate in planning annual fundraising events by soliciting prizes and sponsors, selling raffle tickets, and/or volunteering on event day.
 - Workshop Facilitators/Trainers: Facilitate evidence-based workshops or programs by leading groups and sharing health and wellness information. Specific topics may include caregiver support, the fear of falling, chronic pain, and diabetes management. Training is provided.
 - Friendly Reassurance Calls: Receive a list of TCOA clients that you call about once per week. The purpose of the call is a friendly chat to reduce isolation.
 - Propose your own Volunteer Role:
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Privacy Agreement/Permissions

- By checking this box, I understand that Tri-County Office on Aging conducts criminal history background checks on all volunteers, and that additional information may be requested in order to review my driving record and/or "conviction only" criminal history. I understand that the information provided here and any additional information obtained by Tri-County Office on Aging will be kept strictly confidential.
- By checking this box, I agree to maintain confidentiality in the event that I come into contact with any personally identifiable information and/or protected health information of clients.
- By checking this box, I give permission to Tri-County Office on Aging to contact my references using the contact information I provide on this form.

Signature: _____

Date: _____

Please return application to Tri-County Office on Aging, attn: Volunteer Specialist, 5303 S. Cedar Street, Bldg. 1, Lansing, MI 48911

Fax: 517-887-8071. Complete online: www.tcoa.org/volunteer. Please call 517-887-1377 with any questions.

