

**Tri-County Office on Aging**

*The TCOA mission is to promote and preserve the independence and dignity of the aging population.*

**For more information or to schedule an appointment, contact:**

**Shelagh Kosinski  
517-887-1469  
800-405-9141**

*TCOA is an Equal Opportunity Employer.*

Address Correction Requested

Tri-County Office on Aging  
5303 South Cedar Street, Bldg. 1  
Lansing, Michigan 48911-3800



***Help for Grandparents and Other Family Raising Children***

**KINSHIP CARE  
RESPITE PROGRAM**

**517-887-1440  
or toll free  
800-405-9141**

<http://www.tcoa.org>

***A Consortium of Clinton, Eaton and Ingham Counties; and the Cities of Lansing and East Lansing since 1974***

## **KINSHIP CARE RESPITE PROGRAM**

Seniors who are full time caregivers are faced with many challenges when taking care of children. It is important for caregivers to focus on parenting, but also to remember to take care of their own needs.

The Kinship Care Respite Program is a resource offered through the Tri County Office on Aging. The purpose of the Kinship Care Respite Program is to give the full time caregiver over 55 a break from their parenting responsibilities.



### **What is the Kinship Care Respite Program?**

The Kinship Care Respite Program was developed to provide rest, relief and a break from everyday caregiving. This program will assist the full time caregiver by helping to arrange and pay for an activity for their child to attend.

Activities may include:

- Day Care
- Sports camp
- Summer class
- Extra-curricular activities

### **What is the Goal of the Kinship Care Respite Program?**

The goal of the Kinship Care Respite Program is to provide the caregiver with a break from the responsibilities of the daily routine of care for a child.

### **Who is Eligible to Participate in this Program?**

Kinship caregivers 55 years of age or older who live in Clinton, Eaton and Ingham Counties are eligible to participate. The program is intended to assist senior caregivers caring for a child or children eighteen years of age or younger.



### **How Much Does this Program Cost?**

There is no cost to eligible caregivers in the Tri-County Area. The program is funded by the Federal Older Americans Act grant provided to Tri-County Office on Aging through the Michigan Aging and Adult Services Agency.

### **Referrals**

Referrals may come from the caregiver, friends, neighbors, agencies and others in the community by calling Shelagh Kosinski at 517-887-1469 or 800-405-9141.